

VIRTUAL Prenatal Series!

Starting Tuesday June 9th · 3-5pm · Weekly over Zoom



In the Young Parents Program Prenatal Class, expecting young parents learn to navigate their new roles and establishing connections with their babies that will carry through birth. Class topics include fetal development, prenatal nutrition, labor and delivery, relaxation, preparing for the baby, basic infant care, and sleeping and soothing techniques for newborns.

BENEFITS OF PARTICIPATION

Earn money for attending classes!

Other benefits include: e-giftcards for food delivery, case management, graduation gifts, and finding community during COVID-19!

ELIGIBILITY

Expecting parents under age 24

Must also be DC resident

Contact the YPP team at
(202) 768-8017 or ypp@layc-dc.org

